

EVERY ONE DESERVES A FAIR SHOT AT SUCCESS

# THE STAR PROJECT

## JUNE 2023 NEWSLETTER



*An introduction from Nurse Cynthia herself, who will be writing an article for Star monthly.*

Greetings Star Project Newsletter readers, Please allow me to introduce myself. My name is Cynthia Failor, I am a Registered Nurse who will be volunteering with The STAR Project, to write health-related content. I began my career as a nurse's aide, there was no certification or formal training at that time, it was all on the job training! Fast forward to 1997 where I graduated from Walla Walla Community College with my LPN license and in 1999 I graduated with an associates degree in Nursing and so became a Registered Nurse. In the years that have followed I have been lucky to work in almost every aspect of nursing as well as a traveling nurse and have found that helping people get their health care needs met has been the most rewarding part of the job for me.

I was interested in volunteering with Star for a couple of reasons. First because of my own daughter's experiences having been in and out of the DOC system for many years and secondly, I have seen over the years many people who have a history with DOC often have health care needs that have not been adequately addressed. I do live in Walla Walla with my wife and our three pugs and four cats. In my spare time I enjoy doing just about anything that has to do with me being outside, from gardening to camping and spending time with my two grown kids and three school age grandchildren. I look forward to being part of The STAR Project family and contributing to the health and well being of the participants.

Kind regards, Cynthia

**Medicare (Apple Health) Recertification Forms** are being mailed out. Please make sure to fill them out and send them back in! If you have any questions or need assistance, please contact us @ 525-3612

### IN THIS ISSUE

Introductions to new staff and volunteers

Upcoming Events



*Nurse Cynthia will also be available to answer health questions -- submit your questions & ideas for health-related topics to: [Info@TheStarProject.us](mailto:Info@TheStarProject.us)*



*The Star Project  
welcomes  
Rachael Butler*

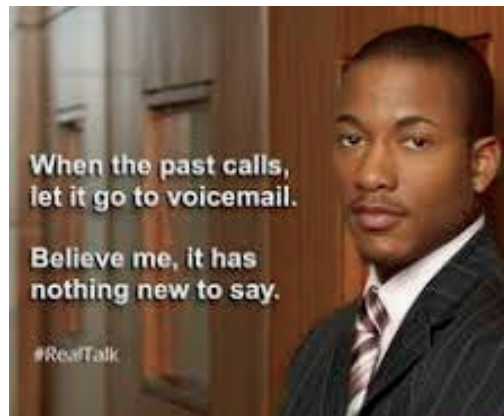
ADMINISTRATIVE EXECUTIVE ASSISTANT

Hello everyone! I started with Star in Mid-May, and I am so happy to be part of this team! I have a pretty varied background in health care, correctional and hospitality, but working with a group of people, focused on recovery, is definitely where I want to be!

I was born and raised in Walla Walla, and I have spent the majority of my adult life here. I have two beautiful children and a huge family, many of whom I leaned upon and helped me in my own struggles with addiction. I have almost 4 years of sobriety and I am so thankful to the many organizations in Walla Walla that helped me achieve the time that I have. I look forward to being able to help others the way that I was helped and I hope to be able to make life better in whatever small ways I can for the people that I come across on a daily basis.

**June Group Dinner**  
Wednesday, June 21st  
5:30 PM at  
Wildwood Park,  
7 S. Division,  
Walla Walla

*Food, Games and Fun!!!  
Friends & Family Always  
Welcome!*



**IT'S  
always  
SEEMS  
IMPOSSIBLE  
until IT'S  
DONE!**

*IN THE WORKS*

4th of July @ Pioneer  
Park

End of Summer  
Family Event

Winter Holiday Event

*We ALWAYS need all  
of the help and  
volunteers that we  
can get! If you like to  
cook, organize or  
ANYTHING...contact  
the office and let us  
know!*

509-525-3612

**HOOPS Program**

June 26th - June 30th

Earn \$700 Security Deposit Voucher by participating in our Ready-to-Rent class & helping with a community project! Contact Katie or Chastity. SPACE STILL AVAILABLE