

NEWSLETTER



"The achievements of an organization are the results of the combined effort of each individual."

Vince Lombardi

PARTICIPATION IS KEY

Vince Lombardi is considered by many to be The Greatest Coach of All Time. A pioneer for social justice in the 1960's, Lombardi demanded "Acceptance of All", regardless of color, justice-involvement or sexual orientation. He understood the importance of community, family, and how success is only possible through hard work, determination and personal commitment.

At STAR, we also believe in "Acceptance of All". We recognize that everyone has a unique story, strengths and needs. Our goal is to develop groups, programs and activities that benefit not only the individual but also the community and the STAR Family. We believe that Participation Is Key to STAR's success and our ability to provide services for you and others.

Participation comes in many forms. If you like to cook - you can help with monthly dinners or the BBQ we are planning for June; enjoy working outside -- we are getting ready to do some much-needed work around the STAR offices; like to be part of a bigger community project -- we need volunteers to help with 4th of July in the Park.

Call today to find out how you can help.



Family Bowling Night

When asked what activity STAR should sponsor for our Spring Event, the overwhelming response was "BOWLING"! And we couldn't have asked for a better idea. With over 40 friends, family and guests in attendance, our First Annual Spring Bowling Event was a resounding success.

Thank you to everyone who participated, and an extra big THANK YOU to Chastity & Lenel for making this possible.

We are working out the details for our Summer Family Event now and more information will be coming soon.

If you would like to participate in planning either our Summer Event or our Winter Holiday Event, be sure to call.

“Sometimes we motivate ourselves by thinking of what we want to become. Sometimes we motivate ourselves by thinking about who we don’t ever want to be again.”– Shane Niemeyer

CHOOSING FAMILY

CHOOSING SOBRIETY



STAR Housing Coordinator, Chastity Rutherford, knows about choosing sobriety. Every morning, she wakes up and chooses to remain drug-free. Celebrating 8 years of sobriety this month, Chastity attributes her success to wanting to make a better life for her children.

Born and raised in Walla Walla, Chastity, like many STAR participants, became involved in drugs at an early age, dropping out of school, and eventually developing an addiction to methamphetamine.

Early in her journey of recovery, Chastity came to The STAR Project where she found the acceptance, resources and support she needed to turn her dream of a family-centered life into a reality.

Today, Chastity, is an integral part of the STAR Family. Having successfully navigated the challenges of community re-entry, she has that special insight into local support services that can only be obtained through "lived experience". In addition to managing STAR's transitional housing units, Chastity teaches the Ready-to-Rent classes, organizes the monthly group dinners, and represents STAR at meetings with our community partners.

Chastity is currently focused on obtaining her High School Equivalency Degree, expanding her employment skills, and spending time with her children. Preferably at a lake.

We are proud to have Chastity as a part of our team and all she has accomplished.

Congratulations on 2,920 Days of Sobriety!

UPCOMING EVENTS

May 17th - 5:15pm

GROUP DINNER
Family & Friends Always Welcome!
Pioneer United Methodist
209 East Birch

May 27th - 29th

MEMORIAL DAY WEEKEND
STAR Offices will be closed

June 7th - 5:15pm

BBQ & FAMILY GAME NIGHT
Family & Friends Always Welcome!
STAR Project Office
321 Wellington

June 21st - 5:15pm

GROUP DINNER
Family & Friends Always Welcome!
Pioneer United Methodist
209 East Birch

June 26th - 30th

HOOP WEEK
Earn \$700 Security Deposit Voucher
Call Katie for More Information

IN THE WORKS

Summer Family Night

Chili Cook-Off

Winter Holiday Event